

Convert Your Household Checklist

Use this form to begin replacing the harmful items in your home today.



www.siselinternational.com

BATH

Hair Shampoo

May contain: Sodium Lauryl / Laureth Sulfate, Diethanolamine (DEA), Dioxins, Formaldehyde (or Formalin), MEA, and Parabens.

Replace with **Exquisite Revitalizing Shampoo**

Hair Conditioner

May contain: Sodium Lauryl / Laureth Sulfate, Diethanolamine (DEA), Dioxins, Formaldehyde (or Formalin), MEA, and Parabens.

Replace with **Replenish Moisturizing Conditioner**

Hair Spray

May contain: Phthalates, Bisphenol-A, Benzophenones, Dioxins, and Parabens.

Replace with **Sisel Hairspray**

Hair Gel

May contain: Phthalates, MEA, DEA, Bisphenol-A, Benzophenones, Dioxins, & Parabens.

Replace with **Sisel Firm Hold Hairs Gel**

Toothpaste

May contain: Sodium Lauryl / Laureth Sulfate, Fluoride, Dioxins, and Parabens.

Replace with **SupraShine Toothpaste**

Mouth Rinse

May contain: Dioxins, and Parabens.

Replace with **Terminator Mouth Rinse**

Bath & Shower Gel

May contain: Sodium Lauryl / Laureth Sulfate, MEA, DEA, and Parabens.

Replace with **Vitae Spa Bath & Shower Gel**

Bubble Bath

May contain: Sodium Lauryl / Laureth Sulfate, Diethanolamine (DEA), Dioxins, Formaldehyde (or Formalin), MEA, and Parabens.

Replace with **Vitae Spa Bubble Bath**

Hand Cleanser

May contain: Sodium Lauryl / Laureth Sulfate, DEA, Dioxins, MEA, and Parabens.

Replace with **Absolve Hand Cleanser**

Hand & Body Lotion

May contain: Glycerin, DEA, MEA, Lanolin, Mineral Oil, Propylene Glycol, Dioxins, Parabens.

Replace with **Sisel Hand and Body Lotion**

Facial Cleanser

May contain: Sodium Lauryl / Laureth Sulfate, DEA, Dioxins, MEA, and Parabens.

Replace with **Sisel Firming Facial Cleanser**

Moisturizing Mist

May contain: Glycerin, DEA, MEA, Lanolin, Mineral Oil, Propylene Glycol, Dioxins, Parabens.

Replace with **SkinDu Moisturizing Mist**

Shaving Gel

May contain: Polyethylene Glycol, Propylene Glycol, DEA, Dioxins, MEA, and Parabens

Replace with **Supra Shave Shaving Gel**

Face & Neck Cream

May contain: Glycerin, DEA, MEA, Lanolin, Mineral Oil, Propylene Glycol, Dioxins, Parabens.

Replace with **Actify 6000 Face & Neck Cream**

KITCHEN

Dish Soap

May contain: Sodium Lauryl / Laureth Sulfate, Diethanolamine (DEA), Dioxins, Formaldehyde (or Formalin), MEA, and Parabens.

Replace with **Asepti-Clean Dish Soap**

LAUNDRY

Laundry Detergent

May contain: Sodium Lauryl / Laureth Sulfate, Diethanolamine (DEA), Dioxins, Formaldehyde (or Formalin), MEA, and Parabens

Replace with **Vibrant Laundry Detergent**

POWDER ROOM

Wrinkle Complex

May contain: Glycerin, DEA, MEA, Lanolin, Mineral Oil, Propylene Glycol, Dioxins, Parabens.

Replace with **Ultra Intensive Wrinkle Complex**

Wrinkle Pen

May contain: Glycerin, DEA, MEA, Lanolin, Mineral Oil, Propylene Glycol, Dioxins, and Parabens.

Replace with **Ultra Intensive Wrinkle Pen**

Wrinkle Lotion

May contain: Glycerin, DEA, MEA, Lanolin, Mineral Oil, Propylene Glycol, Dioxins, and Parabens.

Replace with **Intensive Wrinkle Lotion**

Skin Cream

May contain: Glycerin, DEA, MEA, Lanolin, Mineral Oil, Propylene Glycol, Dioxins, and Parabens.

Replace with **Brightening Cream**

Lip Care

May contain: Glycerin, DEA, MEA, Lanolin, Mineral Oil, Propylene Glycol, Dioxins, and Parabens.

Replace with **Lip Plumper**

Night Cream

May contain: Glycerin, DEA, MEA, Lanolin, Mineral Oil, Propylene Glycol, Dioxins, and Parabens.

Replace with **Rapid Repair Night Cream**

Lipstick

May contain: Glycerin, DEA, MEA, Lanolin, Mineral Oil, Propylene Glycol, Dioxins, and Parabens.

Replace with **Mineral Lipstick**

Lip Gloss

May contain: Glycerin, DEA, MEA, Lanolin, Mineral Oil, Propylene Glycol, Dioxins, and Parabens.

Replace with **Mineral Lip Gloss**

Lip Pencil

May contain: Glycerin, DEA, MEA, Lanolin, Mineral Oil, Propylene Glycol, Dioxins, and Parabens.

Replace with **Mineral Lip Pencil**

Primer

May contain: Quaternium 15 & 51, Triethanolamine, Polyethylene Glycol, Aluminum

Replace with **Mineral Primer**

Shimmer Powder

May contain: Quaternium 15 & 51, Triethanolamine, Polyethylene Glycol, Aluminum

Replace with **Mineral Shimmer Powder**

Liquid Foundation

May contain: Quaternium 15 & 51, Triethanolamine, Polyethylene Glycol, Aluminum

Replace with **Mineral Liquid Foundation**

Pressed Foundation

May contain: Quaternium 15 & 51, Triethanolamine, Polyethylene Glycol, Aluminum

Replace with **Mineral Pressed Foundation**

Blush

May contain: Quaternium 15 & 51, Triethanolamine, Polyethylene Glycol, Aluminum

Replace with **Mineral Blush**

Mascara

May contain: Quaternium 15 & 51, Triethanolamine, Polyethylene Glycol, Aluminum

Replace with **Mineral Mascara**

Eye Pencil

May contain: Quaternium 15 & 51, Triethanolamine, Polyethylene Glycol, Aluminum

Replace with **Mineral Eye Pencil**

Eye Shadow

May contain: Quaternium 15 & 51, Triethanolamine, Polyethylene Glycol, Aluminum

Replace with **Mineral Eye Shadow**

Make Up Remover

May contain: Alpha-hydroxy acids, DEA, MEA

Replace with **Sisel Make Up Remover**

Bronzer

May contain: Quaternium 15 & 51, Triethanolamine, Polyethylene Glycol, Aluminum

Replace with **Mineral Bronzer**

Sisel Safe

The Sisel Safe seal represents our commitment to develop and manufacture only the most powerful, safe, and effective products, free of potentially harmful ingredients. At Sisel, we take your health seriously. Here is a helpful "watch list" of potentially harmful ingredients that may be contained in common personal care and cosmetics products you use every day.



Acetone

- Used in nail polish remover
- Acetone is a flammable liquid used to clean laboratories and strip paint, which is why it works on nail polish. It can cause skin irritation and damage the central nervous system.

Alpha-hydroxy acids

- Used in cosmetics, skin creams, and facial peels.
- Alpha-hydroxy acids frequently cause redness, peeling, and irritation of the skin. These compounds are often used only under the supervision of dermatologists because of their dangerous nature.

Aluminum

- Used in antiperspirants and cosmetics.
- Research suggests a possible link between aluminum and disorders of the central nervous system, such as Alzheimer's disease.

Benzophenones

- Used in all types of personal care products to protect fragrances from being damaged by UV light.
- Benzophenones are derivatives of highly toxic benzene, and are known skin, eye, and respiratory irritants.

DEA (Diethanolamine)

- Used in shampoos, body washes, skin creams, and shaving creams as a solvent, wetting agent, or emulsifier.
- Research performed by the U.S. Department of Health's National Toxicology Program has shown clear carcinogenic activity related to DEA, and has recommended warning labels be placed on products containing this substance.

Dioxins

- A hidden, unlabeled ingredient commonly found in plastic bottles, certain types of lotions, and shampoo formulas.
- Known as endocrine disrupters and carcinogens.

Fluoride

- Used in toothpaste to help prevent tooth decay.
- Various studies suggest that fluoride contributes to bone disease and may be a carcinogen. In higher quantities, fluoride can be fatally toxic.

Formaldehyde or Formalin

- Used in antiperspirants, nail polishes, perfumes, dyes, shampoos, and more.
- Formaldehyde is a suspected carcinogen and known neurotoxin that may be fatal if swallowed, inhaled, or absorbed through the skin.

Glycerin

- Used in moisturizers and lotions.
- Glycerin attracts moisture from the air to your skin, but can also attract moisture from your skin, therefore drying it out.

Lanolin

- Used as a moisturizer in numerous skin creams.
- Naturally, lanolin is not harmful, but is often contaminated with harmful pesticides and harsh chemicals that are used on the sheep wool from which this substance is derived. The majority of lanolin is contaminated to some degree.

MEA

- Used in shampoos, body washes, skin creams, and shaving creams as a solvent, wetting agent, or emulsifier.
- Research performed by the U.S. Department of Health's National Toxicology Program has shown clear carcinogenic activity related to MEA, and has recommended warning labels be placed on products containing this substance.

Mineral Oil

- Used in many skin care products to soften or moisturize the skin, baby oil is 100% mineral oil.
- Mineral oil is a petroleum by-product and has numerous negative health effects. It dries skin and clogs pores, which can lead to acne and premature aging of the skin. It also slows down the development of new skin cells.

PABA (Para Amino Benzoic Acid)

- Used in sunscreens and as a dietary supplement.
- PABA is a controversial substance once thought to be essential for the body. Updated research has proven that it is not essential, and that it carries numerous potential side effects. Sisel has deemed that the risks of using PABA outweigh any potential benefits. Side effects of PABA include dry skin, nausea and vomiting, depletion of Vitamin D, and even carcinogenic activities in certain people.

Parabens (Methyl, Isobutyl, Ethyl-, Butyl-, Propyl-)

- Used as preservatives to extend shelf life and limit microbial growth.
- Parabens are still used frequently even though they are clearly known to be toxic. These preservatives have been shown repeatedly to cause skin rashes and irritation to the eyes and respiratory tract. Parabens are highly toxic and can be very harmful if swallowed.

PEG (Polyethylene Glycol)

- Used in cosmetics, shaving cream, and other personal care items.
- PEG is considered so toxic that industrial workers are required to wear protective clothing, gloves, and goggles while disposing of it. It is a petroleum derivative that penetrates the skin and can weaken proteins and cellular structure, causing brain, liver, and kidney abnormalities.

Propylene Glycol

- Used in moisturizers, shaving creams, deodorants, and baby products as a humectant.
- Propylene Glycol can cause dermatitis, kidney, and liver damage. Has been shown to cause dry skin, rashes, and skin irritation.

Phthalates

- Used in nail polishes, hair sprays, deodorants, and other personal care items.
- Studies have shown that phthalates may damage the liver, kidneys, lungs, and reproductive system, and may be carcinogenic.

Quaternium 15 & 51

- Used in cosmetics and personal care items.
- Quaternium is a known allergen and can release formaldehyde. It can cause contact dermatitis, as well as the dangers associated with formaldehyde.

Sodium Lauryl Sulfate (SLS) and Sodium Laureth Sulfate (SLES)

- Used as a foaming agent in shampoos, bubble baths, shaving foams, toothpastes, and household cleansers.
- While these compounds are most commonly derived from coconut oil, and are often called 'natural', they can be very harmful. They have been shown to contain estrogen mimics and endocrine disrupters. SLS and SLES also build up in vital organs such as the brain, heart, and lungs, which may cause damage. These compounds have also been shown to cause damage to the immune system.

Talc

- Used in cosmetics, baby powders, and foot preparations, often as a dry lubricant.
- Talc is a known carcinogen. Research has shown that use of talc in the genital areas in women leads to a 60% greater risk of ovarian cancer.

Toluene

- Used in nail polishes.
- Toluene is a potential carcinogen and endocrine disrupter which may cause liver and respiratory damage, as well as potentially birth defects.

TEA (Triethanolamine)

- Used in household cleaners, cosmetics, and personal care products.
- Similar to DEA and MEA, TEA is used to adjust PH levels in cosmetics and to modify fatty acids to create the base for cleaners. This compound may cause dry skin and hair, eye problems, and may be toxic if absorbed over long periods of time.